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Control Your Clutter!: You Don't Have To Get Rid Of EVERYTHING! Even Hoarders Will Succeed With This Method!

Control Your Clutter!

*You don't have to get rid
of **EVERYTHING!**
Even hoarders will
succeed with this method!*

by Theresa Smith



Synopsis

"Control Your Clutter!" is a book that is going to show you how to gain control of the clutter in your house so you can reclaim a calm, stress-free life. The method in this book works even if you are a hoarder! For the person with just a little clutter to an all out pack rat who hasn't thrown anything away for thirty years, this book has the solution to your problem. Do you hide and stay away from the windows when someone is knocking at your door? Do you have to clear away a place to sit when your family comes to visit? Even if the last time you saw your floor was ten years ago, this book will work for you! Even the person who faces eviction due to their hoarding ways will be able to follow these steps and dig themselves out of their situation. In this book, I am going to give instructions about how to deal with your clutter. Surprisingly, I am not going to tell you to get rid of everything. I come from a very poor background, and I must tell you that I understand hanging on to something in case you need it again. After all, it doesn't make sense to throw something out and then turn around and buy it again the next time you need it. I am going to ask you to make some hard decisions about whether or not you really need each item you come across. As usual, you will either donate the stuff you don't need, sell it, or throw it in the trash if it has no value. But I am going to give you the option to organize the things you can't part with so that they are no longer clutter even if you keep them. This book breaks all of the barriers a person has to getting their life back in order. Because I allow you to choose to keep your possessions, it helps take away the fear of losing everything. It will help you be able to let go of more things during the process and then rationalize getting rid of more things you saved after a generous period of time. It is similar to pulling the band-aid off slowly. Whatever your relationship is with your possessions, this book will be able to help you reclaim your home and your life! If you don't read this book now, where will you be next week, next month or next year? I promise this method is the least painful way I know to gain control of your clutter.

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Customer Reviews

Control Your Clutter!: You don't have to get rid of EVERYTHING! Even hoarders will succeed with this method!Control your Clutter *****Grab This Book, You Will Use It!!!***: Hello Everyone, I am most definitely known for being temperamental about clutter and the cleanliness about my space, no matter where I am. So, I am most definitely not a novice when it comes to the points listed in this book. I agree with them all. Clutter and disorganization definitely interrupts the flow of your homes energy and without diverting into another subject let me just say I enjoyed this book.Deciphering your Ã¢ÂœneedsÃ¢Â• and Ã¢ÂœwantsÃ¢Â™, is instrumental, as you will not only learn about yourself, but you will start to think before you make those unnecessary purchases from this point on. Without giving way the entire books information, Theresa Smith takes you through step by step organization instruction. From your kitchen to your living rooms, bedrooms, office space, bathrooms and more. Small strategies, suggestions and tips that one would think would be obvious (but come on, we all need help!!) are listed in a way to help the reader understand how and why to organize and Ã¢ÂControl Your ClutterÃ¢Â™.I recommend this book to those who are completely unaware about where to begin and for those like me who could use extra tips and reminders on how to stay focused on being organized. I also encourage you to read this book to understand, that Ã¢ÂitÃ¢Â™s a group effortÃ¢Â™, as Theresa mentions Ã¢Âwhen itÃ¢Â™s time to get up and clean and straighten it is everyoneÃ¢Â™s responsibility, not just yours!Ã¢Â™ Get your family, roommates and loved ones you live with involved. It not only makes for a better flowing living space but allows you more time to ACTUALLY ENJOY YOUR HOME & SPACE!!!.My struggle is my home office. I tend to repeatedly touch files, information and emails without completing a task. My take away from this e-book was this chapter, and taking a designated

time to unsubscribe from emails, clear files from my computer folders instead of just ignoring them because I didn't think I had time. Emails for me are a huge part of my social, career and networking life and they can be overwhelming. During, my breaks and errands reading this e-book on my phone I scheduled 20 minutes 4 days in my week just to unsubscribe from email newsletters & etc., file emails and I make it my goal to continue to schedule time and to touch it once!! Read it! File It! Address it! Or, Shred it! IT WORKS!!!! Do not make the mistake of saying I will get to it later..Great convenient, easy to read and I recommend that we all Clear the Clutter, from our lives and space. Thanks Theresa!"I received this product at no cost in exchange for my unbiased and honest feedback. This seller has no influence on my review whatsoever and all opinions are my own"

I was in the process of getting rid of the clutter in my apartment as I started to feel overwhelmed looking at it and just wanted to get rid of things that no longer had a use, or a place. When I was presented with the opportunity to read this ebook I thought, why not?!? It could either include stuff that I already know, and am doing, or I may actually learn something. Both scenarios applied. I love the idea of going into each room and organizing things based on needs, wants, things to donate, etc. I also love her idea of starting from the left and working your way to the right. I have been there, when you walk in a room and don't know where to start. This book helps you figure out a plan, and stick to it. It is also a very quick read. While some of the tips in this book are things that are common sense, and/or I already practice, there are a few things that I definitely learned and will put into practice. For example, I've been wanting to place an art piece on my living room table and I can't because I have magazines, coasters, and other crap there. It make sense to get baskets, or storage ottomans, as suggested in the book, to store under the table. Problem solved!

Theresa gets right down to business with her book about controlling the clutter in your home. She starts off talking about the different types of clutter and gives personal examples of both how the clutter comes to be and how we can get control of our own. The book is set up in chapters by room in the house. Of particular interest was the section on craft rooms/spaces. Theresa really helped me think about all the supplies I have and if they will be of use to me. Overall this is a great book to get someone started on the way to a clutter free home. No matter if you have a wee bit of clutter or you're in the pack rat stage this book is a great help! I received this book at a discount for my honest review

I'm pretty pleased with this book. I am the kind of person that sometimes watches the Hoarders show on TV both to remind myself not to get that bad, and also to make myself feel better that...at least I'm not that bad (yet?). So I started reading with a little fear. The Author was very "real" and honest and understanding of folks that may not have a lot of money and also the fact that there are sentimental and other purposes for keeping things-they don't just tell you to chuck everything. I found myself at times happy because I already do some things recommended, and a couple times I felt myself disagreeing with a statement made, but overall, I found it helpful and even inspirational. I didn't tackle anything yet, just my first read through-but I plan to follow the system outlined. I've had several things pop into my mind that really should go. I'm the kind of person that has a lot of hobbies and goes from one to another and back....so I hate to get rid of stuff because I might use it someday! My husband is also a packrat, so I'm not sure how I'll get him to part with anything....but I can tackle what I can, and start there :) So overall, there's good advice, she motivates while giving you a plan to help you take on the daunting task. The only reason I docked a star (wish I could give it 4.5 stars) was because the reading wasn't perfectly smooth at times. But I would definitely recommend this to others! I was able to download this and read it free for the purpose of reviewing. I was asked to provide my honest and unbiased review.

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